

LIQUID measures



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|----------------------|--------------------|--------------------|----------|-----------|
| 1 gal = | 4 qt = | 8 pt = | 16 cup = | 128 fl oz |
| $\frac{1}{2}$ gal = | 2 qt = | 4 pt = | 8 cup = | 64 fl oz |
| $\frac{1}{4}$ gal = | 1 qt = | 2 pt = | 4 cup = | 32 fl oz |
| $\frac{1}{8}$ gal = | $\frac{1}{2}$ qt = | 1 pt = | 2 cup = | 16 fl oz |
| $\frac{1}{16}$ gal = | $\frac{1}{4}$ qt = | $\frac{1}{2}$ pt = | 1 cup = | 8 fl oz |

DRY measures



| | | | |
|----------------------|------------------------|----------|-------|
| 1 cup = | 16 tbsp = | 48 tsp = | 229 g |
| $\frac{3}{4}$ cup = | 12 tbsp = | 36 tsp = | 171 g |
| $\frac{2}{3}$ cup = | $10\frac{2}{3}$ tbsp = | 32 tsp = | 152 g |
| $\frac{1}{2}$ cup = | 8 tbsp = | 24 tsp = | 114 g |
| $\frac{1}{3}$ cup = | $5\frac{1}{3}$ tbsp = | 16 tsp = | 76 g |
| $\frac{1}{4}$ cup = | 4 tbsp = | 12 tsp = | 57 g |
| $\frac{1}{8}$ cup = | 2 tbsp = | 6 tsp = | 29 g |
| $\frac{1}{16}$ cup = | 1 tbsp = | 3 tsp = | 14 g |

Pinch or dash = less than $\frac{1}{8}$ tsp